

# **Counseling, Health & Wellness Services**

## **Health Services Fee**

### **Proposed 2016-17 Fee Increase**

A.S. Board of Directors, May 20, 2016

#### **Purpose of the Health Services Fee**

The Health Services Fee is used to establish a standard of health care for Bellingham's campus and as a contingency for emergency services.

This fee is the primary means of support for the operations and staffing of the **Student Health Center, Prevention & Wellness Services** and a significant portion (43%) of the **Counseling Center** in order to provide easily accessible medical, mental health and wellness services to students, regardless of their insurance status. It is a mandatory student fee for students enrolled for 6 or more credits and available as an opt-in fee for other students enrolled for 3-5 credits that desire access to these services.

Each of the departments provides a variety of clinical and educational services to Western's students, some of which are mandated by law. All students receive the educational benefits of the health outreach programs and the benefit of preventive and public health services within a close-knit living community. This mandatory fee provides a stable, adequate funding base for all of our campus health related services.

#### **Some of the Counseling, Health & Wellness Services Provided to Students**

Medical office visits, public health response to communicable diseases in the campus community, individual and group counseling sessions, and crisis and outreach services are provided as needed at no additional charge to students who have paid the fee. Direct delivery services include urgent illness and injury care, chronic illness management and monitoring, extensive women's health, mental health diagnosis and treatment, resources for self-help general health education, peer health education programs, alcohol and other drug counseling and assessment services, and rapid nursing assessment. Please see websites for comprehensive list of services for each dept, <http://www.wvu.edu/chw/>

#### **Health Services Fee History**

The Health Services Fee was increased from \$63/quarter \$70/qtr in FY09 and remained so through FY13. CHW departments struggled to maintain adequate levels of service through this period of increased utilization and significant budget reductions. A \$2/qtr increase was approved in FY14 to cover mandatory salary & benefit increases. In FY15, the fee was significantly increased to \$85/qtr to provide salaries and benefits for 5.5 FTE in new positions for the Health Center, Counseling Center and Prevention & Wellness Services. This additional support enabled CHW to increase direct services and address unbudgeted inflationary increases from prior years for non-personnel operating expenditures including annual increases to the Administrative Services Assessment.

**Current Fee and Proposed Fee Increase with Anticipated Annual Revenue**

<b>Current Fee</b>	85.00 /Qtr	255.00 / Academic Year
<b>Proposed Fee Increase</b>	11.00 / Qtr	33.00 /Academic Year
<b>Proposed FY17 Fee</b>	96.00/Qtr	288.00 / Academic Year

**FY15 Health Services Fee Revenue Budget** **\$3,531,000**

FY16 Additional Revenue Required \$195,500

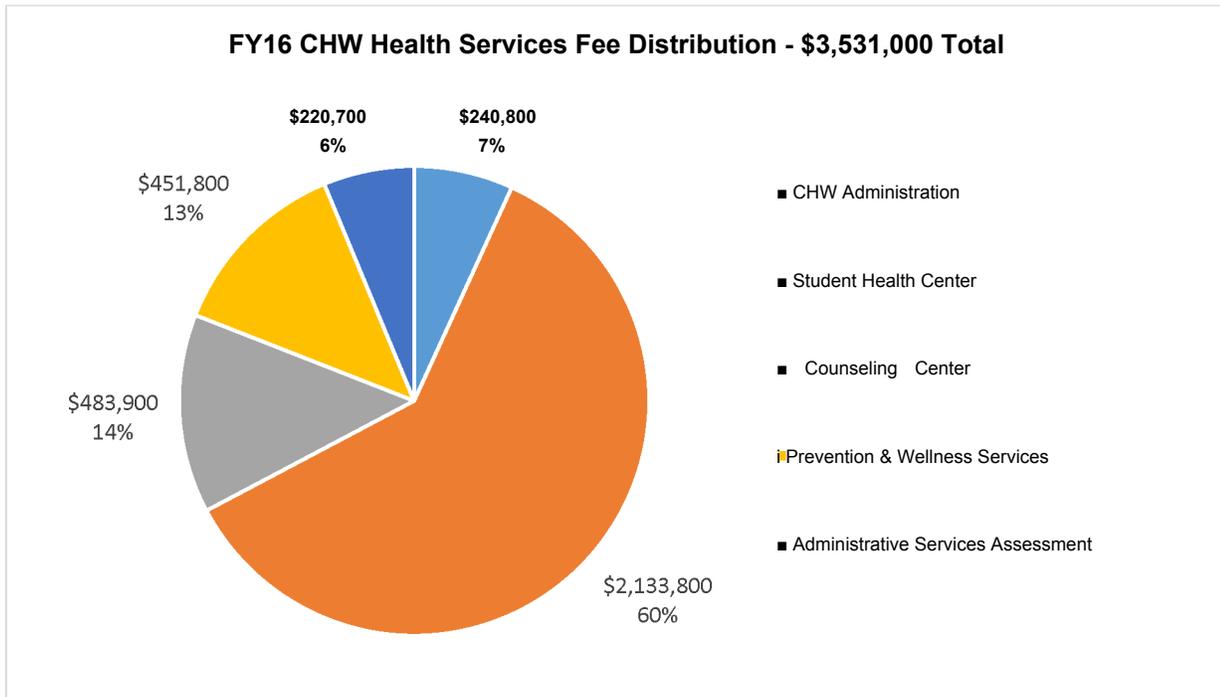
FY17 Additional Revenue Required \$266,500

**FY17 New Health Services Fee Revenue** **\$462,000**

**FY17 Health Services Fee Revenue Budget** **\$3,993,000**

\*Each \$/qtr fee increase generates \$42,000/yr in Health Services Fee revenue  
 $\$462,000 / 42,000 = \$11.00 / \text{qtr fee increase}$

**FY16 CHW Self-Sustaining Fund 23073**



**WWU Compared to other WA State Public Universities**

Comparison of Mandatory Health Services Fees WWU and other Washington State Public Universities							May 12, 2016	
Academic Year	Health Fee Comparisons						Services / Funding not Comparable to WWU	
	Western Washington University	The Evergreen State College	Washington State University	Central Washington University			Eastern Washington University	University of Washington
	"Health Services Fee"	"Health Services Fee"	"Health Fee"	"Student Health & Counseling Center Fee"	"Wellness Fee"	cwu Total		
FY 14	\$215	\$235	\$238	\$234	\$33	\$257	\$253	N/A
FY 15	\$255	\$249	\$360	\$254	\$33	\$297	\$255	N/A
fy 16	\$255	\$254	\$360	\$264	\$33	\$297	\$274	N/A
FY17	\$288 (proposed)	\$276	\$363	\$264	\$33	\$297	\$235	N/A

Washington State University Fee includes assessment for Counseling Center 6.9M remodel which is spread over 10 years  
 Central Washington University has a separate Wellness Fee  
 Eastern Washington University includes a Health Service Fee and Health & Wellness Fee but has outsourced and more limited services  
 The University of Washington has no separate Health Fee for comparison. Funding for health services involves tuition & Medical Center

**Other Revenue Sources**

**Student Fees for Services** - Student Health Center

No charge for office visits. Students are billed for medical services and supplies.

**Prevention / Intervention Fee** - Prevention & Wellness Services

Individual counseling and group sessions for students with mandatory referrals for alcohol or drug violations.

**State Support** - Counseling Center, currently 57% (**\$662,000**) of Counseling's annual budget

No charge for counseling sessions.

**CHW Reserve Fund** - Supports all CHW depts.

FY16 Beginning Fund Balance: **\$444,100**

Current Reserve Fund Balance: **\$375,300**

FY16 Year End Projected Fund Balance: **\$332,000**

The self-sustaining reserve fund is vital to ongoing operations. It is primarily used for purchases (medical equipment, computers & furniture), maintenance & repairs (renovations & ongoing maintenance) and non-permanent personnel (additional fill-in staffing during times of especially high demand and coverage for extended staff absences due to illness).

A balance of \$300,000 to \$400,000 is required to provide for the ongoing expenses mentioned as well as any emergency expenditures critical to maintaining operations. Because CHW is self-sustaining, any expenses, large or small, for equipment, repairs, additional personnel & recruitment need to be covered by the reserve.

**Budget Detail**

**FY16 Revenue:** : In the spring of FY15, the decision was made not to request an increase to the Health Services Fee in FY16 to cover what were yet to be determined salary and benefit increases for all WWU classified and professional staff. One-time funding from FY15 & FY16 salary savings due to staffing changes and the CHW Reserve Fund were committed to cover any shortfall in the FY16 budget. There has been a noticeable decline in revenues from medical services (lab & pathology, medications, medical supplies) and the Prevention Intervention Fee during FY16.

**FY16 Expenses :** The **total cost** for 3% classified and 4% professional staff salary increases & associated benefits, an increase to the employer portion of health care costs from \$662/mo to \$840/mo for all permanent staff, and an increase from 5.5% to 6% of gross revenue for the Administrative Services Assessment is **\$195,530**.

**FY17 Revenue:** WA State's Apple Care insurance program (Medicaid) requires that some services that had previously been billed to WWU student accounts be billed directly to students. The services are still provided but net revenue continues to decline. An adjustment has been made to budgeted medical services revenue. Because medical expenses are projected to decrease in proportion to revenue reductions for medical services at the Health Center, the net effect of a \$94,600 decrease in revenue and a corresponding \$81,200 reduction in related expenses will be a \$13,400 funding deficit. Prevention & Wellness Services (PWS) will require additional support to replace some of the \$55,900 in revenue previously generated by the \$130 Prevention/Intervention Fee. Part of this revenue reduction will be offset by \$22,600 in salary and benefit savings in the PWS budget. The net effect will be a need for \$33,300 in additional support. PWS will continue to provide risk reduction, confidential consultation and behavior change support for alcohol, all types of drugs and tobacco products, and address concerns about other's use of substances. Programmatically the emphasis will be more on prevention and outreach and less on referrals due to student conduct. Total reduction to non-Health Services Fee revenue is projected to be **\$150,500**.

**FY17 Expenses:** Additional salary increases for classified and professional staff will again have a significant impact on the personnel portion of the overall budget. Classified staff will receive a 1.8% increase and as recommended by the Budget Office, we have budgeted for a 3.5% salary increase for professional staff (the actual amount has yet to be determined). The proposed FY17 budget incorporates salary increases at these levels as well as associated benefits. Funding is also needed for another increase to the employer portion of health care costs which is increasing from \$840/mo to \$894/mo (\$648 annual employer cost increase for all permanent staff). The Administrative Services Assessment on gross revenue will increase from 6% to 6.5%. An overall 8% increase to goods and services, including additional funding for professional development, will be offset by reductions to medical supplies, pharmaceuticals and lab processing expenses. **Total FY17** increased costs are projected to be **\$115,970**

**FY17 Total Need:** **\$115,970** for increased expenses and **\$150,500** to replace declining revenue for a total of **\$266,470**

**Total FY16 & FY17 Need: \$462,000**

Counseling, Health & Wellness Services FY17 Self-Sustaining Budget Proposal					May 20,2016	
CHW SELF-SUSTAINING FUND 23073	FY15	FOG	FY16	FY17 Proposed	FY17	Total Change
REVENUE	Budget	Need	vs FY15	Budget	vs FY16	FY17 vs FY15
Health Services Fee- to all CHW depts.	3,531,000	3,726,534	195,534	3,993,030	266,466	462,000
Medical Services - Health Center	26,603	26,603	0	332,033	(92,600)	(32,500)
Prevention /Intervention Fee-PWS	55,903	55,903	0	0	155,300	(55,900)
<b>Revenue Total</b>	<b>4,013,500</b>	<b>4,209,034</b>	<b>195,534</b>	<b>4,325,000</b>	<b>115,966</b>	<b>311,500</b>
<b>EXPENSE</b>						
<b>Counseling, Health &amp; Wellness (CHW)Admin</b>						
Salaries	154,154	162,569	3,415	167,544	4,975	13,390
Benefit	47,435	51,513	4,073	53,953	2,440	6,513
Goods & Services	39,243	39,243	0	56,533	17,235	17,235
<b>CHW Admin Total</b>	<b>240,337</b>	<b>253,330</b>	<b>12,493</b>	<b>273,030</b>	<b>24,700</b>	<b>37,193</b>
<b>Student Health Center (SHC)</b>						
Salaries	1,539,763	1,637,915	43,147	1,673,520	40,605	33,752
Benefit	503,074	549,366	49,792	579,110	29,244	79,036
Goods & Services	470,500	470,500	0	409,300	(61,200)	(61,200)
<b>Health Center Total</b>	<b>2,560,342</b>	<b>2,653,231</b>	<b>97,939</b>	<b>2,666,930</b>	<b>3,649</b>	<b>106,533</b>
<b>Counseling Center (C Ctr)</b>						
Salaries	356,937	363,306	11,369	393,124	24,313	36,137
Benefit	117,397	125,393	3,493	136,317	10,427	13,920
Goods & Services	9,603	10,303	1,203	10,300	0	1,230
<b>Counseling Total</b>	<b>433,934</b>	<b>505,496</b>	<b>21,562</b>	<b>540,241</b>	<b>34,745</b>	<b>56,307</b>
<b>Prevention &amp; Wellness Services (PWS)</b>						
Salaries	343,029	370,112	22,033	364,469	(5,643)	16,440
Benefit	120,959	134,470	13,511	136,370	2,400	15,911
Goods & Services	33,656	34,305	(13,351)	41,705	6,900	3,049
<b>PWS Total</b>	<b>507,644</b>	<b>539,337</b>	<b>31,743</b>	<b>543,044</b>	<b>3,657</b>	<b>35,400</b>
<b>Other CHW</b>						
Administrative Services Assessment (MA)	223,743	252,540	31,797	231,125	23,535	60,332
<b>Other CHW Total</b>	<b>220,743</b>	<b>252,540</b>	<b>31,797</b>	<b>231,125</b>	<b>23,535</b>	<b>60,332</b>
<b>CHW Total Salary Expense</b>	<b>2,443,333</b>	<b>2,539,402</b>	<b>90,514</b>	<b>2,603,657</b>	<b>64,255</b>	<b>154,769</b>
<b>CHW Total Benefit Expense</b>	<b>735,365</b>	<b>861,739</b>	<b>75,374</b>	<b>906,250</b>	<b>44,511</b>	<b>120,335</b>
<b>CHW Total Goods &amp; Services Expense</b>	<b>553,034</b>	<b>555,353</b>	<b>(2,651)</b>	<b>513,333</b>	<b>(137,015)</b>	<b>(139,666)</b>
<b>CHW Total Administrative Services Assessment</b>	<b>223,743</b>	<b>252,540</b>	<b>31,797</b>	<b>231,125</b>	<b>23,535</b>	<b>60,332</b>
<b>CHW Contingency - all Depts.</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>15,630</b>	<b>15,630</b>	<b>15,630</b>
<b>Total CHW Expense</b>	<b>4,013,500</b>	<b>4,209,034</b>	<b>195,534</b>	<b>4,325,000</b>	<b>115,966</b>	<b>311,500</b>
<b>*Administrative Services Assessment on all CHW revenue</b>						

FY17 CHW Health Services Fee Proposal - May 20, 2016

FY17 Health Services Fee Request Summary Fund 2.3073				Fee	
Each \$ 1 / qtr increase to the Health Services Fee generates an additional revenue per year				Required	say...
			204,733		
			(38,348)		
			31,797		
			(2,651)		
			195,534	4.55	\$4.60
			127,101		
			(14,338)		
			28,535		
			(7,518)		
			150,503		
			15,630		
			265,455	5.34	\$6.40
<b>Total FY17 Fee Request for Two Year Increases to Self Sustaining Budget</b>				<b>462,000</b>	<b>11.00</b>

**Fiscal Impact**

Increasing the Health Services Fee from \$85/qtr. to \$96/qtr. In 2016-2017 would Insure that current services are maintained. Students paying tuition and the mandatory fees would be Impacted by an Increase to this fee as they would be required to pay an additional \$33/year.

If the Health Services Fee Is not Increased, or only partially supported, other means of support would need to be provided and/or some services might need to be limited. The current contingency plan Is to have CHW absorb the projected Increased expenses and revenue reductions for FY17 while other means of support are considered. The Impact of not Increasing the fee would be a shift to more user specific revenue sources. As In FY16, an FY17 budget deficit would need to be covered by whatever salary savings there might be from vacant positions, Increased fee revenue from students electing to pay the fee that are otherwise not required to do so, and the reserve fund.

**Budget Summary**

Counseling, Health & Wellness Services has historically not requested Increases to the Health Services Fee unless there have been significant Increases to the cost of operations. Because over 80% of all CHW expenditures are for salaries and benefits, any Increase to personnel costs has a big Impact. Salary and benefit savings have been accounted for. The net Increase In FY16 and FY17 for salary and benefits Is \$275,150. There Is a net decrease In goods and services of -\$39,660. The two, annual Increases to the Administrative Services Assessment amount to \$60,380. A contingency for any additional ASA expense Is another \$15,630. Increased expenses of \$311,500 and a projected \$150,500 reduction to other revenue brings the total need to \$462,000. Counseling, Health & Wellness Services Is requesting that the A.S. Board consider and support an \$11.00/qtr. Increase to the Health Services Fee.